

Parentline Ireland

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Registered Charity No.: 10069

Registered Office: Carmichael House, North Brunswick St. Dublin 7

Tel: 01 878 7230

email: info@parentline.ie website: www.parentline.ie

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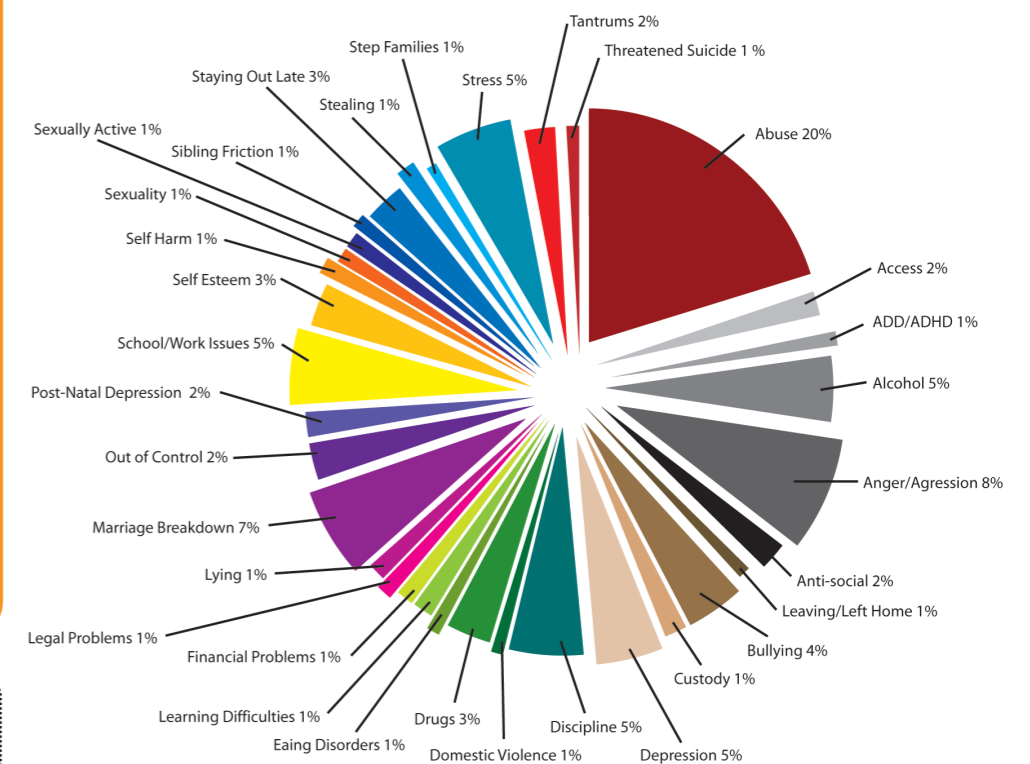
Carmichael House,
 North Brunswick Street,
 Dublin 7

t: 01 878 7230
 e: info@parentline.ie
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helpline:
1890 927 277



What Parentline did in 2007



Parentline Services

Helpline 1890 927 277

Parentline is a confidential helpline for parents. It is somewhere for parents and guardians to turn to for support, guidance and information.
Opening times: Monday to Thursday 10 a.m. – 9.00 p.m. and Friday 10 a.m. – 4.00 p.m.

One to One

Parentline also offers face-to-face sessions for parents and guardians.
 Contact Parentline at 01 878 7230 to make an appointment to meet with a facilitator face to face.

Parenting Courses/Talks

Parentline will facilitate parenting courses and talks for schools, community groups, organisations ...
 Wherever there is a need.

Baby Blues and Post Natal Depression

1890 927 277

Parentline is the national helpline for mothers suffering from Post Natal Depression. Parentline facilitators have specific training in dealing with Post Natal Depression calls. A mother, her partner or family can call the helpline anytime and they will be given an opportunity to talk and be heard anonymously and without judgement. Above all the mother will be reassured that it is ok to feel the way she feels, her condition is normal and things will get better. If a mother prefers she can make an appointment to come in for a one-to-one where she can chat with the facilitator face to face.

Celebrate National Parents Week 2008

13th – 19th October

- National Parents Week is now an established annual event. It is an opportunity to celebrate parenting. Over the past number of years thousands of people have marked the week in many different ways. These include:
- Talks on Parenting in Dublin City Libraries and various companies
- Art Exhibitions
- Open Days in crèches, support groups etc
- Conferences.....
- Parent pampering.....

Would you or your organisation like to become involved in National Parents Week 2008. Call or email Parentline for more details.

Thank you for your support

Volunteer Call Facilitators

Thank you and congratulations to all the Parentline volunteer call facilitators. Year on year we see an increase in the number of calls to the helpline, one to one, parenting courses and talks in organisations. Our facilitators take on this extra workload with willingness and good humour. The facilitators are the backbone of the organisation. They are the people at the end of the line to support parents and help relieve some of the fear and isolation experienced when parenting becomes too difficult.

Statutory Bodies and Companies

Without the generosity of the many statutory bodies that support Parentline we could not continue to offer the service. Thank you to:

- Dunnes Stores
- Dublin Bus
- Glenparick Mineral Water Coolers Ltd
- Nolans Supermarket, Clontarf
- Nurofen for Children
- Value Centre

Parentline want to thank all of the above and the various individuals and corporate bodies that are so generous in their support.